



# Discovery

OUT OF SCHOOL  
HOURS CARE

# Kids



## SEPTEMBER/OCTOBER

Dear Parents,

We hope your children are enjoying Term 4! We had a great time with your children over Vacation Care. Some of the children's favourite incursions and excursions were roller skating, the Optus Stadium tour and Tinker and Co. We have some exciting new excursions and incursions coming up in our next Vacation Care so keep an eye out for the program. Check out our daily posts on Homeroom to see all the fun we have over the holidays. If you have any suggestions for incursions or excursions for the next Vacation Care period, we would love to hear from you. Email us at: [discovery\\_kids@outlook.com](mailto:discovery_kids@outlook.com)

### Lost Property:

As you can imagine, we have accumulated a lot of lost clothing and items from the children over the term, with the large number of children attending Discovery Kids each week it is very easy for items to go missing and be left behind, especially if it is not labelled clearly with your family name. Feel free to ask our staff to check the lost property box at each centre and please check that you have the correct items otherwise, please return to the rightful owner or back to the centre.

### KEY DATES:

Remembrance Day - Monday 11th of November

### CLOSURE DATES

Last day of operation for all schools - Friday 20th of December 2024

Holy Rosary returns - Monday the 6th of January 2025

St Luke's returns - Monday the 6th of January 2025

St Helena's reopens - Monday the 13th of January 2025

Wishing you all the best!

The Discovery Kids Team

## DAILY REMINDERS

- ✓ A reminder to send a spare hat and a water bottle for your child/children.
- ✓ If your details have changed please update them via "My Family Lounge" App
- ✓ Please ensure that your child takes the correct belongings home at the end of the day and that they are labelled with their full name eg. Jackets, hats
- ✓ Please do not forget to sign your child in and out. This is extremely important and a legal requirement!

"A place kids love and parents trust."



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[www.discoverykidsoshc.com](http://www.discoverykidsoshc.com)



[@discoverykidsele](https://www.instagram.com/discoverykidsele)

## DISCOVERY KIDS: CENTRE INFORMATION

Our Lady of Good Counsel, Karrinyup  
Monday to Thursday | Ph: 0414 691 161  
Before School Care 7-9am | After School Care 2:30-6pm

Holy Rosary, Doubleview  
Monday to Friday | Ph: 0410 656 534  
Before School Care 7-9am | After School Care 2:30-6pm

St Helena's, Ellenbrook  
Monday to Friday | Ph: 0468 992 588  
Before School Care 7-9am | After School Care 2:30-6pm

St Luke's, Woodvale  
Monday to Friday | Ph: 0452 236 918  
Before School Care 7-9am | After School Care 2:30-6pm

## BOOKING REMINDERS

✓ Statements are sent out weekly, if you do not receive your statement please email [discovery\\_kids@outlook.com](mailto:discovery_kids@outlook.com) and for all other booking inquiries

✓ Fees work on block times:  
BSC 7-9am \$30  
ASC 2.30-6pm \$40

✓ PERMANENT BOOKINGS - 2 weeks notice is required to cancel a permanent booking and 7 days notice is required to qualify for a 50% holiday rate OR to change to another day within that week

✓ CASUAL BOOKINGS - Once a booking is made we cannot cancel and refund your fees unless a change is made within 24 hours of the booking

✓ REMINDER - Please ensure fees are paid for and up to date

## Parents and Guardians

We are currently reviewing the following Policies. We welcome any feedback you may have in regard to these. Please feel free to let us know or contact us via email if you wish to contribute.

- ✓ Photograph Policy
- ✓ Physical Activity Policy
- ✓ Physical Environments Policy
- ✓ Privacy and Security Policy
- ✓ Program Policy
- ✓ Performance Management Policy
- ✓ Pregnancy in Early Childhood Policy
- ✓ Relief Staff Policy
- ✓ Respect for Children Policy
- ✓ Responsible Persons Policy
- ✓ Retention of Records Policy
- ✓ Safe Storage of Hazardous Substances Policy
- ✓ Out of Hours Babysitting Policy
- ✓ Sleep & Rest Policy (ELC only)
- ✓ Staffing Arrangements Policy



### Homeroom

Follow your child's progress on Homeroom. We love sharing photos of the day with our Discovery Kids Families!

Check your emails for a joining link. If you have not received one, get in contact with your centre's Coordinator or scan the QR code for your child's centre on the last page of this newsletter.



[discovery\\_kids@outlook.com](mailto:discovery_kids@outlook.com)



[www.discoverykidsoshc.com](http://www.discoverykidsoshc.com)



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## Vacation Care



## Using less water

Reducing water consumption in the home is a simple and easy way to decrease water and energy bills and lessen your household's impact on the environment. Conserving water resources, even in areas without shortages, reduces the need to build dams or extract water from rivers, decreases wastewater produced and treated at sewage plants, lowers energy requirements for treating and transporting water and wastewater, and reduces greenhouse gas emissions.

The amount of water that your home uses will vary depending on the number of people who live there, and the size of your garden. But almost every household can cut down water use, often for very little cost. Here are some tips to get you started:

- Keep your showers short and sweet
- Water when it matters
- Fix any leaks
- Hang up the rubber gloves.
- Turn of the sink while you brush

Using less water at home something we are capable of. Give it a try in your home.



## Bubble Pop

Short simple activities to get some active minutes in the day.

You will need a bottle of bubbles and a bubble wand.

It doesn't matter what age you are bubbles are always enjoyable and a fun way to engage children. Begin this activity by blowing some bubbles and ask your child/ren to pop all the bubbles they see. They will have to run and jump to catch all the bubbles.

Once you think they have exhausted bubble catching, ask your children to lay down. Blow bubbles over them and ask them to pick a bubble and watch it drift and glide until it eventually pops all on its own.



discovery\_kids@outlook.com



www.discoverykidsoshc.com



@discoverykidsele

## RECIPE OF THE MONTH

### ONE BOWL SAVOURY MUFFINS

PREP 10 MINS | COOK 30 MINS | MAKES 12

#### INGREDIENTS

2 cups (300 grams) plain wholemeal (wholewheat) flour  
2 teaspoons baking powder  
sea salt and pepper, to season  
60 grams butter, melted and slightly cooled  
1/2 cup (125 ml) milk  
3 eggs  
1 medium zucchini, grated  
1 medium carrot, grated  
1 cup (160 grams) canned corn kernels, drained  
1 1/3 cups (150 grams) tasty cheese, grated

#### METHOD

1. Preheat oven to 180 C and line a 12-hole muffin tin with papers. Set aside.
2. Place the flour, baking powder, salt and pepper into a large bowl. Whisk to combine creating a well in the centre.
3. Place the butter, milk and eggs into the well of the flour and whisk until just combined.
4. Gently fold through the zucchini, carrot, corn and cheese. If your batter looks a little dry (depending on the brand - wholemeal flours can vary slightly and require a tad more liquid) simply add a splash of milk.
5. Evenly divide the mixture between the prepared tray.
6. Bake for 15-18 minutes or until golden and when a skewer inserted removes cleanly. Allow the muffins to cool for 5-10 minutes before placing on a wire rack to cool completely. Enjoy x

Source: Recipe ['My lovely lunchbox'](#)

## DONATIONS FOR TINY TOTS

Our Discovery Kids ELC in Balcatta is a collection point for Little Things for Tiny Tots. We are always seeking donations and we appreciate any items your family are able to contribute.

## FAMILY INPUT

At Discovery Kids we value everybody's opinion. If you have any input about activities, projects, the program, menu ideas or anything else that you would like to see happen at Discovery Kids please let us know via email, phone or speak to any of our staff members.

## RAISING CHILDREN

This is a wonderful website funded by the Australian Government that provides parenting resources ranging from newborns to teenagers. This site is designed for families and has many videos, strategies and articles to support you and your family. You will find everything from health and nutrition advice, family life and behaviour guidance.



## Homeless Cook

Every term we get together and cook meals for the homeless. This term we will be cooking on Tuesday the 19th of November. We are currently collecting donations for the following items:

- Diced Tomatoes
- Passata
- Basmati rice

We really appreciate any donations you are able to contribute.

## JUST FOR LAUGHS

Q: What time is it when the clock strikes 13?

A: Time to get a new clock.



## DID YOU KNOW?

A lightning bolt is five times hotter than the sun!



## WHATS ON IN PERTH!

<https://www.weekendnotes.com/perth/>



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SCAN THE QR CODES TO VIEW OUR POLICIES  
PARTICULARLY RELEVANT TO VACATION CARE:



BEHAVIOUR POLICY



VACATION CARE CANCELLATION POLICY



CODE OF CONDUCT

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SCAN THE QR CODE FOR YOUR CENTRE TO  
ACCESS OUR DAILY POSTS ON HOMEROOM:

OUR DAY BOOK



VACATION CARE



OUR LADY OF GOOD COUNSEL



HOLY ROSARY



ST HELENA'S



ST LUKE'S



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## FAMILY INPUT

Please scan the QR code and fill in the form if you have any ideas you would like to contribute to our program including cultural events you celebrate as a family, ideas for our menu or any general feedback.



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# Discovery Kids

EARLY LEARNING CENTRE

An Early Learning Centre specialising  
for children 2-5 years old  
40 place centre, BALCATT



Come and see the difference...

*"A place kids love and parents trust."*

Casual bookings welcome

 0451 489 605

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SENSORY PLAY

# Tinker & Sip

POP UP SESSION

The perfect blend of stimulating and calming play does exist!

Join in on our nature-based, non toxic, sensory and imaginative play session.

Complimentary large barista coffee, courtesy of Discovery Kids ELC.

**WHEN:** Tuesday 19th November

**WHERE:** Merv Lake Park, Karrinup Road

**AGES:** 6 months - 5 years old

Head to website to book your spot now. Tickets sell fast, spots limited.



[tinkerandco.com.au](https://tinkerandco.com.au)



[@tinkerandco.sensory](https://www.instagram.com/tinkerandco.sensory)



[tinkerandco.sensory@gmail.com](mailto:tinkerandco.sensory@gmail.com)